

**Greg Bishop, Ph.D.**  
**Licensed Psychologist**



OFFICE POLICIES AND INFORMED CONSENT

The following answers some important and frequently asked questions concerning my practice. If you have further questions after reading this or individual concerns not covered here, please feel free to ask me about them at our first meeting. Please keep this office sheet for your own records and bring the filled out and signed client information sheet to your first appointment. Please read all this carefully.

EXPERIENCE

I earned my bachelor's degree at the University of Rhode Island in 1984, and completed both my master's and doctorate degrees at Colorado State University, graduating in 1989. I worked as a school psychologist from 1989-1993, and have been in private practice since. Throughout my career I have worked with a wide variety of problems, including child, teen, adult, and marital issues.

GENERAL STANDARDS

As a licensed psychologist I subscribe to the APA Revised Ethical Principles. After evaluating your needs I will develop and discuss a treatment plan with you according to your goals and aims. Occasionally individuals may go through periods in therapy which may result in emotional discomfort, changes in their relationships, or temporary worsening of their symptoms. This should subside as the work progresses. Remember that you always retain the right to request changes in treatment or to refuse treatment at any time. I encourage you to discuss with me any personal doubts, concerns, discomforts or questions regarding me or my treatment approach.

CONFIDENTIALITY

I abide by the laws and ethical principles that govern privilege and confidentiality. I will not disclose to anyone anything you tell me, nor even the fact that I have seen you, without your written permission via a signed release of information form. There are a few exceptions to these standards:

1. It is legally required of me that I act so as to prevent physical harm to yourself or others when there is 'clear and imminent' danger of that happening.
2. I may report cases of ongoing child or elder abuse.
3. I may have to release clinical information regarding you to insurance carriers as required for payment or review of your claim.
4. I may have to release your records when ordered to do so by court subpoena. However, I will

discuss the details of privilege with you beforehand and request a written release from you if I judge this to be in your best interest. You should know that psychologists' privilege extends to both criminal and civil proceedings.

5. If I become incapacitated, a licensed psychologist will have access to your file so as to transfer care.
6. I regularly consult with other psychologists to ensure that I am providing the most appropriate care. When discussing a case, I never include names or other identifying information. All psychologists with whom I consult are also bound by the same rules of confidentiality.

The laws regarding medical records state that parents have a right to examine the medical record of their children, unless contraindicated by the treatment. It is my experience that when I talk with adolescents individually that I can be most helpful when the child knows that I will not tell the parents what is said unless the child is going to harm themselves. Therefore, unless ordered to do so by a judge, I will not provide information to parents about what a child says unless the child gives permission.

There may be times when we see each other outside of the office in our day-to-day lives. While of course I am always happy to say hi, I know that sometimes this may be an awkward situation for you. I will therefore wait for you to initiate contact, and will follow your lead in terms of how much we interact.

## APPOINTMENTS

All appointments are online at [Doxy.me/gregbishopphd](https://doxy.me/gregbishopphd). This is a platform built for healthcare providers, and you do not need a unique link to sign in to the virtual waiting room. Appointments are 45 minutes long. The session can go by quickly so I encourage you to let me know what issues you would like to discuss at the beginning of the session. It is important to log in on time as appointment times will not be extended or changed due to your late arrival.

I do not charge for cancelled or missed appointments. Of course, please let me know if you can't make it as soon as possible.

If you are in distress and need to reach me outside of my regular business hours, call me at 503-479-5303. If you need assistance before I return your phone call, you may contact Crisis Access Triage at 503-988-4888 or go to the nearest emergency room.

I find going to court to be counterproductive to the work I do here. Therefore, if I am subpoenaed to testify in court on your behalf, whether called by you or the opposing party, I will transfer your care to another mental health professional.

## FEES AND PAYMENT

|                           |  |
|---------------------------|--|
| Initial session           | \$350.00   |
| Additional sessions       | \$225.00   |
| Emergency phone calls     | No charge  |
| Non-emergency phone calls | \$120.00 after 25 minutes                                      |
| Court Testimony           | \$350.00 per hour (including preparation time and travel time) |
| Reports or letters        | \$225.00 per hour (prorated)                                   |

I expect full payment at the time of the session using a credit card. I will mail you a statement at the beginning of each month that you can submit to your insurance. To avoid problems, I may not schedule you for another appointment if you are behind in your payments, and any previously scheduled appointments may be cancelled.

**If you will be submitting my bill for reimbursement:** I resigned from all insurance panels several years ago, so I encourage you to call your insurance company to find out what, if any, they will reimburse for my services. Tell them you will be seeing Greg Bishop in Tigard, OR, and ask what they will reimburse from my fees.